

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 9

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Baked Ham Mashed Potatoes with Gravy Seasonal Vegetables Assorted Desserts Beverages	Sheet Pan Dinner with Chicken and Vegetables Cole Slaw Assorted Bread/butter Assorted Desserts Beverages	Shrimp and Sausage Risotto with Cheese Peppers & Onions Assorted Bread/butter Assorted Desserts Beverages	Crunchy French Onion Chicken Roasted Potatoes Green Beans Assorted Bread/butter Assorted Desserts Beverages	Sweet & Sour Meatballs Rice Peppers & Onions Grilled Pineapple Assorted Bread/butter Assorted Desserts Beverages	Spinach and Feta Turkey Burger on a Bun Broccoli, Tomato, and Pepperoni Pasta Salad Assorted Desserts Beverages	BBQ Chicken Baked Potato with Sour Cream Green Beans Assorted Bread/butter Assorted Desserts Beverages
DINNER						
Tuna Noodle Casserole Tossed Salad Assorted Bread/butter Assorted Desserts Beverages	Italian Sub on Bun French Fries Pickle Spear Orange Slices Assorted Desserts Beverages	Ground Beef Tacos with Salsa, Lettuce, Sour Cream, and Cheese Corn Tortillas Chips Assorted Desserts Beverages	Summer Vegetable Chili Fresh Fruit Salad Assorted Rolls/butter Assorted Desserts Beverages	Turkey, Sausage, and Broccoli Pasta with Red Peppers Fresh Fruit Salad Assorted Bread/butter Assorted Desserts Beverages	Rigatoni with Meat Sauce Tossed Salad Assorted Bread/butter Assorted Desserts Beverages	Parmesan Chicken Cutlets Smashed Potatoes Asparagus Assorted Bread/butter Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

6/4/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies