

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 8

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Hot Dog on a Bun French Fries Ketchup Seasonal Vegetables Assorted Desserts Beverages	Grilled Chicken Burger on a Bun with Feta, Spinach, and Tomato Sweet Potato Fries Cole Slaw Assorted Desserts Beverages	Country-Style Pork Ribs with BBQ Sauce Baked Potatoes with Sour Cream Green Beans Assorted Bread/butter Assorted Desserts Beverages	Cajun Shrimp and Chicken Oven Roasted Potatoes Mixed Vegetables Assorted Bread/butter Assorted Desserts Beverages	Smokey Salmon Grilled Melon Acorn Squash Assorted Bread/butter Assorted Desserts Beverages	Chicken Stir-Fry with Vegetables Rice Egg Roll Assorted Desserts Beverages	Meatloaf Mashed Potatoes Corn Assorted Rolls/butter Assorted Desserts Beverages
DINNER						
Lasagna with Meat Sauce Tossed Salad Assorted Bread/butter Assorted Desserts Beverages	Open Face Roast Beef Sandwich Mashed Potatoes with Gravy Carrots Assorted Desserts Beverages	Stuffed Peppers with Cream Cheese and Sausage Rice with Mushrooms Assorted Bread/butter Assorted Desserts Beverages	Grandma's Goulash Tossed Salad Assorted Rolls/butter Assorted Desserts Beverages	Cuban Sandwich Potato Salad Watermelon Assorted Desserts Beverages	Cobb Salad with Ranch Dressing or Ham & Cheese Sub Fresh Fruit Salad Assorted Rolls/butter Assorted Desserts Beverages	Homemade Soup Turkey and Bacon Sandwich with Lettuce & Tomato Orange Slices Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies