

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 7

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Homemade Soup BLT Sandwich Macaroni Salad Assorted Desserts Beverages	Grilled Sausage Potatoes, Peppers, and Onions in a Light Sauce Fresh Fruit Cup Assorted Bread/butter Assorted Desserts Beverages	Cheeseburger on Bun with Bacon, Lettuce, and Tomato Potato Salad Carrots with Honey Assorted Desserts Beverages	Tuna or Chicken Salad Plate Crackers Cottage Cheese and Fruit Assorted Bread/butter Assorted Desserts Beverages	Crab Cakes Rice Seasonal Vegetables Assorted Bread/butter Assorted Desserts Beverages	Bite-Sized Steak Oven Roasted Potatoes Mixed Vegetables Assorted Rolls/butter Assorted Desserts Beverages	Shrimp and Sausage Foil Pack with Potatoes and Corn Seasonal Vegetables Assorted Bread/butter Assorted Desserts Beverages
DINNER						
Sesame Chicken Stir-Fried Rice Broccoli Egg Rolls Assorted Desserts Beverages	Grilled Salmon Couscous Asparagus Assorted Bread/butter Assorted Desserts Beverages	Chicken Caesar Salad with Hard Boiled Eggs and Bacon Assorted Rolls/butter Assorted Desserts Beverages	Philly Cheesesteak Stuffed Peppers Mushroom Rice Assorted Bread/butter Assorted Desserts Beverages	Brazilian Chicken with Coconut Milk Rice Summer Vegetables Assorted Bread/butter Assorted Desserts Beverages	Beer Braised Pulled Pork Sweet Potatoes with Honey Butter Cauliflower Assorted Bread/butter Assorted Desserts Beverages	Big Mac Sloppy Joe French Fries Seasonal Vegetables Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies