

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 6

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Eggplant Parmesan with Couscous Fresh Fruit Salad Assorted Rolls/butter Assorted Desserts Beverages	Chicken Divan with Broccoli Applesauce Cheddar Biscuits Assorted Desserts Beverages	Cuban Mojito Pork Roast Butternut Squash Spinach & Mushrooms Assorted Bread/butter Assorted Desserts Beverages	Grilled Corn, Crab, and Asparagus Salad Grilled Pita Orange Slices Assorted Desserts Beverages	BBQ Chicken Cheeseburger with Bacon and Onions Turnip Fries with Dipping sauce Seasonal Vegetables Assorted Desserts Beverages	Halibut Quinoa, Asparagus & Almond Salad Fresh Fruit Cup Assorted Bread/butter Assorted Desserts Beverages	Grilled Caprese Sandwich Blackberry, Peach, & Walnut Salad Assorted Desserts Beverages
DINNER						
Slow-Cooker Pot Roast Mashed Potatoes Brussel Sprouts with Bacon Assorted Bread/butter Assorted Desserts Beverages	Grilled Salmon Rice Apple & Pear Salad with Lemon Poppy Dresssing Sour Dough Buns Assorted Desserts Beverages	Chicken Pot Pie Garden Salad with Dressing Assorted Rolls/butter Assorted Desserts Beverages	Slow-Cooker Bourbon Chicken Cauliflower Rice Broccoli Assorted Bread/butter Assorted Desserts Beverages	Panko-Crusted Cod Sweet Potatoes & Bok Choy with Miso Dressing Egg Rolls Assorted Desserts Beverages	Sesame Pork Roast with Apples Sweet Potatoes Everything Bagel Assorted Desserts Beverages	Open-Face Meatball Sandwich Chips Caesar Salad Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

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ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies