

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Slow-Cooker BBQ Chicken Sandwich French Fries Cole Slaw Assorted Desserts Beverages	Hawaiian Chicken Rice Vegetable Medley Assorted Bread/butter Assorted Desserts Beverages	Roast Chicken Dinner with Mustard Greens Cauliflower & Bread Croutons Roasted Potatoes Assorted Desserts Beverages	Beef Naked Burrito Skillet with Sour Cream Fresh Fruit Salad Assorted Bread/butter Assorted Desserts Beverages	Pork Meatball Bowl with Rice Corn Garden Salad Assorted Bread/butter Assorted Desserts Beverages	Orange Shallot & Marsala Pork Chops Mashed Potatoes Broccoli Assorted Bread/butter Assorted Desserts Beverages	Chicken Croquette Twice Baked Butternut Squash Green Vegetables Assorted Bread/butter Assorted Desserts Beverages
DINNER						
Spaghetti and Meatsauce Tossed Salad Assorted Rolls/butter Assorted Desserts Beverages	Shake & Bake Pork Chops Mashed Potatoes and Gravy Seasonal Vegetables Assorted Bread/butter Assorted Desserts Beverages	Boiled Crab Cakes Redskin Potatoes with Corn & Peppers Cole Slaw Assorted Bread/butter Assorted Desserts Beverages	Chipotle Pork Sandwich Roasted Potatoes with Shallots Cole Slaw Assorted Desserts Beverages	Sweet Teriyaki Beef Rice Mixed Vegetables Egg Rolls Assorted Desserts Beverages	Paella with Sausage and Chicken Fresh Fruit Salad Assorted Bread/butter Assorted Desserts Beverages	Sausage Sandwich on Bun with Peppers and Onions Potato Salad Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies