

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
BBQ Chicken Baked Potato with Sour Cream Green Beans Assorted Bread/butter Assorted Desserts Beverages	Orange-Ginger Shrimp and Vegetables Rice Egg Rolls Assorted Desserts Beverages	Pork Chops Sausage Cornbread Dressing Sweet Potato Mash Assorted Bread/butter Assorted Desserts Beverages	Stuffed Cabbage Mashed Potatoes Corn Assorted Bread/butter Assorted Desserts Beverages	Smoky Black Bean Chicken Stew Cheese Quesadillas Fresh Fruit Salad Assorted Desserts Beverages	Mushroom Beef Burger on a Bun Sweet Potato Fries Pickles Summer Salad Assorted Desserts Beverages	Potato Soup Brie, Blackberry Jam, & Bacon Grilled Sandwich Fresh Fruit Cup Assorted Desserts Beverages
DINNER						
Stuffed Shells with Marinara Sauce Tossed Salad Assorted Rolls/butter Assorted Desserts Beverages	Kielbasa Fried Cabbage and Bacon Corn Assorted Bread/butter Assorted Desserts Beverages	Lemon Tarragon Chicken Quinoa with Peas Fresh Vegetable Salad Assorted Bread/butter Assorted Desserts Beverages	Shrimp and Grits Mushroom, Tomato, & Corn Salad Corn Muffins/butter Assorted Desserts Beverages	Country Style Ribs Baked Beans Corn Biscuits/butter Assorted Desserts Beverages	Grilled Chicken Caprice Noodles Asparagus Assorted Bread/butter Assorted Desserts Beverages	Meatloaf Mashed Potatoes and Gravy Corn Assorted Rolls/butter Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies