

KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
LUNCH						
Sausage Sandwiches with Peppers & Onions Potato Salad Assorted Desserts Beverages	Greek Roasted Salmon Grits with Parmesean Cheese Cucumber, Onion, & Pepper Salad Assorted Bread/butter Assorted Desserts Beverages	Coconut Curry Chicken with Peppers and Tomatoes Cauliflower Rice Assorted Bread/butter Assorted Desserts Beverages	Country-Style Pork Ribs with BBQ Sauce Baked Potatoes with Sour Cream Green Beans Assorted Bread/butter Assorted Desserts Beverages	Braised Halibut Baked Potatoes Greens Assorted Bread/butter Assorted Desserts Beverages	Chicken Thighs with Smashed Peas Roasted Potatoes Garden Salad Assorted Bread/butter Assorted Desserts Beverages	Tomato Soup Grilled Cheese Sandwich Fresh Fruit Cup Assorted Desserts Beverages
DINNER						
Rigatoni with Meat Sauce Tossed Salad Assorted Bread/butter Assorted Desserts Beverages	Pineapple BBQ Meatballs White Rice Mango Cole Slaw Keto Cheddar Rolls Assorted Desserts Beverages	Boneless Beef Ribs with Carrots Mashed Potatoes Assorted Bread/butter Assorted Desserts Beverages	Better Than Fried Chicken Macaroni & Cheese Green Beans with Ham Assorted Bread/butter Assorted Desserts Beverages	Meatloaf Mashed Potatoes with Gravy Peas Assorted Bread/butter Assorted Desserts Beverages	Asian Steak Bites with Potatoes Broccoli Garden Salad Assorted Bread/butter Assorted Desserts Beverages	Sloppy Joe Sandwiches French Fries Honey Roasted Carrots Assorted Desserts Beverages
ALTERNATES						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

ALTERNATES AVAILABLE DAILY: Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich
Side Salad, Cottage Cheese and Fruit, Assorted Soups

BEVERAGES AVAILABLE DAILY: Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies