

**KEMPER HOUSE WORTHINGTON SPRING-SUMMER WEEK 1**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>						
Waffle & Maple Syrup Eggs Bacon Fresh Fruit in Season Assorted Cereals Beverages	French Toast & Syrup Sausage and Eggs Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Casserole Fresh Fruit in Season Assorted Cereals Beverages	Sausage and Gravy Biscuit Eggs Fresh Fruit in Season Assorted Cereals Beverages	Pancakes & Syrup Bacon Eggs Fresh Fruit in Season Assorted Cereals Beverages	Quiche Oatmeal Yogurt Fresh Fruit in Season Assorted Cereals Beverages	Breakfast Strata Muffin Fresh Fruit in Season Assorted Cereals Beverages
<b>LUNCH</b>						
Chili Hot Dog on a Bun French Fries Corn Assorted Desserts Beverages	Turkey Breast with Olives and Legumes Spaghetti Squash Green Beans with Almonds Assorted Bread/butter Assorted Desserts Beverages	Grilled Chicken Sausage Summer Squash Polenta & Cheese Assorted Bread/butter Assorted Desserts Beverages	Turnip Noodle Bowl with Salmon, Carrots, Asparagus, Celery & Curry Sauce Biscuits & Butter Assorted Desserts Beverages	Pork Tenderloin with Mustard Cream Sauteed Apples Mashed Acorn Squash Assorted Bread/butter Assorted Desserts Beverages	Spaghetti Squash with Shrimp Scampi Spinach & Broccoli Rolls & Butter Assorted Desserts Beverages	Chicken Pot Pie Garden Salad Corn Muffins/butter Assorted Desserts Beverages
<b>DINNER</b>						
Chicken Alfredo with Pasta Peas & Broccoli Garden Salad Rolls & Butter Assorted Desserts Beverages	Sausage Skillet with Peppers & Onions Roasted Potatoes Assorted Bread/butter Assorted Desserts Beverages	Chicken Tagine with Olives Grits with Parmesan Cheese Roasted Broccoli Assorted Bread/butter Assorted Desserts Beverages	Beef Roast Mashed Potatoes Mixed Vegetables Rolls & Butter Assorted Desserts Beverages	Poblano Skillet Enchilada Chicken Tortilla Chips Fresh Fruit Salad Assorted Desserts Beverages	Lemon Champagne Chicken Quinoa & Chickpeas Corn & Green Beans Assorted Bread/butter Assorted Desserts Beverages	Lasagna with Ground Beef Garden Salad Rolls & Butter Assorted Desserts Beverages
<b>ALTERNATES</b>						
Cobb Salad with Tuna	Chicken Salad Platter	Chicken Salad with Avocado	Turkey Sandwich & Homemade Soup	Chicken and Broccoli Salad	Grilled Cheese Sandw with Side Salad	Tuna Melt and Homemade Soup

5/21/2021

**ALTERNATES AVAILABLE DAILY:** Hamburger or Cheeseburger, Grilled Cheese Sandwich, Deli Meat Sandwich, Peanut Butter and Fruit Jam Sandwich  
Side Salad, Cottage Cheese and Fruit, Assorted Soups

**BEVERAGES AVAILABLE DAILY:** Infused Water, Milk, Coffee, Hot Tea, Iced Tea, Ginger Ale, Diet Ginger Ale, Smoothies