

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>February 2020</h1>						<p><sup>1</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Monthly Gazette</li> <li>Frogs and Toads! (leaping in-to February)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Men's Club</li> </ul>
<p><sup>2</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Balloon Toss</li> <li>Groundhog Day Trivia</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Movie night in the neighborhoods</li> <li>Super Bowl Party (5:00 game at 6:30)</li> </ul>	<p><sup>3</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Chair Yoga (11:00)</li> <li>Ring Toss</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p><sup>4</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Exercise with Adam</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>African American History Month Discussion</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Sing-a-long with Ira</li> <li>Walking Club</li> </ul>	<p><sup>5</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Puppy time with Olive</li> <li>Zumba with Pam (1:30)</li> <li>Cooking with Mike and Ryan (2:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Tea time and current events</li> </ul>	<p><sup>6</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Delay the Disease (11)</li> <li>Tour of Worthington with Dan (1:30)</li> <li>Jeopardy with Anna</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Bingo Night!</li> </ul>	<p><sup>7</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Fitness Friday</li> <li>Balloon Toss</li> <li>Reminiscing with the senses: Going to the Movies</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p><sup>8</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>Farmers Market with Greg</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Men's Club</li> <li>Cranium Crunches</li> <li>Sensory boxes</li> </ul>
<p><sup>9</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Balloon Toss</li> <li>Spiritual Discussion</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Movie night in the neighborhoods</li> </ul>	<p><sup>10</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Chair Yoga (11:00)</li> <li>What's that smell?</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p><sup>11</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Exercise with Adam</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Valentine's Craft with Tammy (2:00)</li> <li>Bowling in the Harding Room</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Remembering Love Songs</li> <li>Walking Club</li> </ul>	<p><sup>12</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Puppy time with Olive</li> <li>Zumba with Pam (1:30)</li> <li>Music with Mark Snow (2:00)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Tea time and current events</li> </ul>	<p><sup>13</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Delay the Disease (11)</li> <li>Der Dutchman Lunch Outing with Greg</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Love is in the Air Trivia</li> <li>Bingo Night!</li> </ul>	<p><sup>14</sup> <b>Happy Valentine's Day!</b></p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Fitness Friday</li> <li>Valentine's Day Social (HCR 1:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Valentines Day: Reminiscing</li> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p><sup>15</sup> <b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>Ring Toss</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Men's Club</li> <li>Cranium Crunches</li> <li>Sensory boxes</li> </ul>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>16</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Balloon Toss</li> <li>Name that Movie with Laura</li> <li>Spiritual Discussions</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Movie night in the neighborhoods</li> <li>Cranium Crunches</li> <li>Sensory boxes</li> </ul>	<p>17 <b>Caroline's Birthday!</b></p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Chair Yoga (11:00)</li> <li>President's Day Trivia and Discussion</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p>18</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Exercise with Adam</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>Anthony Thomas Factory Tour with Bob (bus loads at 1:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Crossword Puzzles in the</li> </ul>	<p>19</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Puppy time with Olive</li> <li>Zumba with Pam (1:30)</li> <li>Cooking with Mike and Ryan (2:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Tea time and current events</li> </ul>	<p>20</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Delay the Disease (11)</li> <li>Jeopardy with Miriam</li> <li>Musical performance with Steve (2:00 HCR)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Ring Toss</li> <li>Bingo Night!</li> </ul>	<p>21</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Fitness Friday</li> <li>Bowling in the Harding Room</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p>22</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Memorial for Doug</li> <li>Family Event (2:00 HCR)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Men's Club</li> <li>Cranium Crunches</li> <li>Sensory boxes</li> </ul>
<p>23</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Balloon Toss</li> <li>Who/what am I? with Laura</li> <li>Spiritual Discussions</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Movie night in the neighborhoods</li> <li>Cranium Crunches</li> <li>Sensory boxes</li> </ul>	<p>24</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Chair Yoga (11:00)</li> <li>Musical Instrument Craft Time with Miriam (2:00)</li> <li>Sing-a-long in the Dining Room</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p>25 <b>Mardi Gras</b></p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Exercise with Adam</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Mardi Gras Crafts and Discussion!</li> <li>Music with Cathi Aldrich (2:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Mardi Gras Happy Hour!</li> </ul>	<p>26</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Puppy time with Olive</li> <li>Zumba with Pam (1:30)</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>Tea time and current events</li> </ul>	<p>27</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Delay the Disease (11)</li> <li>Ring Toss</li> <li>Drum Circle with Miriam</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Tea Time and Trivia in the Dining Room</li> <li>Bingo Night!</li> </ul>	<p>28</p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Fitness Friday</li> <li>Meditation with Caitlynn</li> <li>Jeopardy with Anna</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Walking to Unwind</li> <li>Grab and Go Bin</li> </ul>	<p>29 <b>Leap Day!</b></p> <p><b>Morning Greetings:</b></p> <ul style="list-style-type: none"> <li>Rise &amp; Shine Table Stretches</li> <li>In The News &amp; Daily Duties</li> <li>Daily Chronicle</li> </ul> <p><b>Afternoon Action</b></p> <ul style="list-style-type: none"> <li>Bowling in the Harding Room</li> <li>Farmers Market with Greg</li> </ul> <p><b>Evening Wind Down</b></p> <ul style="list-style-type: none"> <li>Men's Club</li> </ul>

# February 2020